Free Maternity and Antenatal Workshops



Fresh Futures, Locala, Gentle Beginnings and Awakened Minds will be giving support and advice on breastfeeding, weaning, good mental health before and after pregnancy and strategies to help when things are not okay.

This is a FREE event with refreshments for parents and children.

For more information, contact the team at 01484 519988 or thrivingkirklees@freshfutures.org.uk



BATLEY LIBRARY

- Tuesday 6th Feb at 13.30
- Tuesday 27thFeb at 13.30



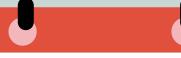
DEWSBURY LIBRARY

- Wednesday 28th
 Feb at 11.15
- Wednesday 6th
 March at 11.15



BIRSTALL LIBRARY

- Friday 23rd Feb at 11.00
- Wednesday 13th
 March at 14.00



HECKMONDWIKE LIBRARY

- Tuesday 5thMarch at 11.15
- Tuesday 19th
 March at 11.15



MIRFIELD LIBRARY

- Wednesday 7th
 Feb at 11.15
- Wednesday 21st
 Feb at 11.15



CLECKHEATON LIBRARY

- Thursday 14th
 March at 13.00
- Thursday 21st
 March at 13.00





