

FREE Parenting Clinics



www.anisalewis.com

To book visit: <https://anisalewis.as.me/theclinic>
or email: hello@anisalewis.com

March

7th, 12.30 pm

Behaviour

April

11th, 12.30 pm

Anxiety

May

9th, 12.30 pm

Early Years

June

6th, 12.30 pm

Emotions

Free Parenting Clinics

with

Anisa Lewis

Positive Parenting

www.anisalewis.com



March

7th @ 12.30pm

Behaviour

What is going on with your child's behaviour?

Do you often question why your child is behaving in a certain way? Why are they hitting/kicking/lashing out? Why do they always shout? Why won't they listen?

What is your approach to discipline like? Do you tend to react the same way each time?

Join Anisa (Parenting Coach) on the 7th March for her monthly Free Parenting Clinics, this talk is focused on behaviour and what we can do to support ourselves and our young people.

Join us on zoom, for the 30-minute talk.

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(The clinic will be recorded and sent out to those who register to attend.)